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A Trade and Lifestyles Publication

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RIVER ROCK CONSTRUCTION Vision Work Ethic

with an Air of Distinction

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STAYPINEAPPLE CHICAGO

An Iconic Hotel in the Loop

THE JAMES NEW YORK NOMAD Cultural Epicentre for Urban Explorers



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MINUTIAE BOUTIQUE Alessandra Salvati's Passion

Alessandra Salvati's Passion for Fashion

GLASSHOUSE DENTAL

Bespoke Dentistry in Yorkville

FORUM







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FROM THE PUBLISHERS

Welcome to the August/September 2019 edition of Forum Magazine.

It is with great pleasure that we feature River Rock Construction, Denise Higgins and Dan Martin are a dynamic team; with the knowledge of construction and the finesse of design and not to mention their heartwarming personalities - they are truly a force to be reckoned with and a joy to collaborate with. Confident in building on infill lots, from custom estates to executive town homes in Port Dover to lakeside cottages on Georgian Bay, there isn't any challenge they can't tackle.

Sometimes we just need a little refresher, a short break to re-energize and inspire us, why not visit these boutique hotels only an hour or so away by air travel. The James Hotel, New York-NoMad is undoubtedly a cultural epicenter for urban explorers. Perfectly situated steps from Fifth and Madison Avenue, you are truly at the centre of New York City, close to the best shopping, the best people watching, theatre and culinary experiences that make New York fantastic!

Or if Chicago is more your style, the whimsically elegant Staypineapple Hotel, rich in architectural history is only 20 minutes from Midway Airport via the orange line plus Michigan Avenue and the Magnificent Mile are all steps away as is the Art Institute of Chicago, a must for art lovers, one of the oldest and largest art museums in the United States.

Glasshouse Dental in Yorkville is bespoke dentistry at its finest. Its a state-of-the-art practice with modern technology and well thought out interiors that dazzle the senses with a professional staff making you feel comfortable as soon as you walk through their doors.

Enjoy the summer,

Until next time.

Ana & Sean Patrick



Lisbon, The Lumiares Hotel & Spa

TEXT Emilia Florek-Guerrero

PHOTOS Francisco Nogueira & Luis Ferraz



Stylish boutique hotel and spa in the heart of the fashionable Bairro Alto area of Lisbon. Beautifully designed apartment style rooms make the perfect home away from home.



isbon is one of Europe's most magnificent capitals with its colourful history, climate and rich culture. Those who set foot in this magnificent city will be marveled by all that it has to offer. From the numerous steep hills that give Lisbon its unique flair, to all the castles, churches and neighbourhoods that define Lisbon, there

is always something to do, see and enjoy! You can rest assured that it will leave lasting memories and make you fall in love with the city.

Numerous bars, cafes, restaurants and nightclubs on the waterfront will showcase the local lifestyle especially late at night during the summer. To top it all off, why not stay at the fabulous,



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one-of-a-kind boutique hotel known as The Lumiares.

Located in the fashionable Bairro Alto area, The Lumiares is situated in a prime location in the city centre, for those who want to go sightseeing and enjoy the comfort of being right in the heart of Lisbon, with the River Tagus on one side and the Castelo de Sao Jorge on the



other. The Lumiares Hotel boasts a rooftop patio with magnificent views of the city of Lisbon, perfect as a chill out area any time of the day. The "Lumi Rooftop Bar and Restaurant" happens to be where guests can enjoy their breakfast or later on during the day for a mouth-watering Portuguese dish!

The Lumiares also focuses on making sure its quests are well relaxed and provide everything they will need. There are five types of rooms including a Penthouse with a private terrace and loft style rooms. Expect high ceilings with an abundance of natural lighting, creating an area of tranquility while at the same time exposing the unique and classic Portuguese style. The rooms are all equipped with a kitchen and a living area, creating a true, home-like atmosphere. Guests will feel as if they are residents of Lisbon! For those who will stay in the Penthouse, you can enjoy incredible views of the city. Hardwood floors embrace the interior of the rooms all throughout the penthouse leading up to contemporary Portuguese tiles in the bathroom. The rooms are sound-proof so you can even enjoy a nice nap during the afternoon especially during the summer.

The Lumiares also has a 24 hour gym and a spa on the premises. This is ideal for those who also would like to get a







quick workout or for those who would like to sit back and relax after an intense day. The gym offers the option of a personal trainer and modern, top-of-theline equipment. The spa offers wellness therapies, a sauna, a steam room, beauty treatments and much more.

For everyone who has visited Portugal knows that Portuguese cuisine is the best and most renowned in the world. Mercado serves up traditional delicious Portuguese cuisine that will leave you asking for more. Best of all, the restaurant is open till midnight and offers 24 hour room service.

THE LUMIARES HOTEL & SPA R. Diario de Notícias, 142 1200-146 Lisbon, Portugal www.thelumiares.com

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HERÍA, founded by Emilia Florek-Guerrero, is an expert in conducting hotel audits and designing brand experience. Far from the cookie-cutter standardization, HERÍA stands out with its customized approach. Things are kept simple at HERÍA and there is no room for anything but the best! Optimize your brand experiences for the best outcomes with a unique charm that can only be found with HERÍA. More on www.heria.eu.

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