

THE LUMIARES

SPA & GYM

RELAX. REFRESH. RECHARGE.

THE LUMIARES

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**WE ARE HERE TO HELP
YOU RELAX, OR TO
HELP YOU RECHARGE,
IT IS UP TO YOU...**

WELLNESS THERAPIES

Therapeutic massage	40 min	€ 95
Deep tissue	60 min	€ 130
Aromatherapy	50 min	€ 110
Lymphatic drainage	60 min	€ 120
Bamboo massage	60 min	€ 110

HOLISTIC MESSAGES

Shiatsu	80 min	€ 140
Tuina	80 min	€ 140
Ayurvedic	80 min	€ 140
Reflexology	40 min	€ 90
Head massage	30 min	€ 80

SIGNATURE TREATMENTS

Journey of Senses	50 min	€ 110
Tranquility massage	50 min	€ 110
Jet Lag massage	50 min	€ 110
Neck & shoulders massage	30 min	€ 80
Candle massage	60 min	€ 120
Hot stones massage	60 min	€ 130
Full body exfoliation	60 min	€ 110
The Lumières Ritual	120 min	€ 190

FACIAL RITUALS

Personalised facial	75 min	€ 140
Essential facial	50 min	€ 120
Anti-aging	50 min	€ 120

BEAUTY MOMENTS

ON REQUEST

PERSONAL TRAINER

ON REQUEST

Let us know if you would prefer to book an “out of hours” treatment and we will do our best to accommodate

All prices mentioned include VAT

INFORMATION & BOOKINGS

SPA TIMETABLE

10 am — 8 pm

GYM

Open 24 hours for guests

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